

Back-Handspring Clinic!!

The clinic will focus on standing back handsprings and round-off back handsprings! This is a great clinic for kids in our level 3 class, tumbling classes, pre-team, level 3 team and Xcel. (Participants should be able to hold a tight handstand and perform a bridge kick over.)

Please sign up in advance so that we are appropriately staffed:)!

Cost: \$20.00

We will be offering a back handspring clinic once a month!! Stay tuned for future dates!:)